8. Inactive Diver Program / Refresher

8.1 Introduction

The SDI Inactive Diver program is designed to update and review the knowledge and skill level of an inactive diver. SDI encourages the use of this program for instructors, assistant instructors, divemasters, and resorts or dive facilities that have questions regarding the diving history of an individual. This program can also be used as a catalyst for continuing education programs.

8.2 Qualifications of Graduates

Upon successful completion of this course, graduates may:

1. Enroll in the SDI Advanced Adventure Diver, individual SDI Specialty Courses, or the SDI Advanced Diver Development Program based on their prior certification
2. Dive without the direct supervision of an instructor

8.3 Who May Teach

1. An active SDI Open Water Scuba Diver Instructor
2. An active SDI Assistant Instructor

8.4 Student to Instructor Ratio

Academic

1. Unlimited, so long as adequate facility, supplies and time are provided to ensure comprehensive and complete training of subject matter

Confined Water (swimming pool-like conditions)

1. A maximum of 10 students per instructor or assistant instructor

Open Water (ocean, lake, quarry, spring, river or estuary)

1. A maximum of 8 students per instructor are allowed; it is the instructor's discretion to reduce this number as conditions dictate

8.5 Student Prerequisites

To participate in the SDI Inactive Diver / Refresher Course, the individual must:

1. Have proof of an SDI Open Water Scuba Diver certification or equivalent from any recognized agency

8.6 Course Structure and Duration

Water Execution

1. Training depth must not exceed 18 metres / 60 feet

2. One dive required, can be confined or open water or both, second dive optional

3. All dives must be completed during adequate lighting conditions or under conditions that simulate daylight conditions

Course Structure

1. SDI allows instructors to structure courses according to the number of students participating and their skill level

Duration

1. The suggested number of training hours is 4

8.7   Administrative Requirements

Administrative Tasks:

1. Collect the course fees from all the students

2. Ensure that the students have the required equipment

3. Communicate the schedule to the students

4. Have the students complete the:

    a. *SDI Liability Release and Express Assumption of Risk* Form

    b. *SDI Medical Statement* Form

There is no card to issue upon successful completion of the course. The instructor or assistant conducting the course can sign a page in the diver's log book to verify date completed.

8.8   Required Equipment

Basic open water scuba equipment as described in section two of this manual. Personal dive computer (PDC) not required but strongly recommended.

8.9   Required Skill Performance and Graduation Requirements

Although one, in-water training dive is required, the instructor or assistant instructor may use their discretion with reference to the skills needed to complete the dive. SDI offers the following outline:

1. Plan Dive

    a. Equalization techniques

    b. Communication signals

    c. Lung over-expansion problems

    d. Review of dive computer

2. Scuba system assembly

3. Weight adjustment

4. Mask defog

5. Don scuba system

6.   Adequate entry for site conditions

7.   Controlled descent

8.   Computer check, if used

9.   Regulator clearing

10. Regulator recovery

11. Mask clearing

12. Fin use

13. Buoyancy control; hovering

14. Underwater tour

15. Computer check

16. Controlled ascent; computer assisted

17. Exit

18. Disassemble scuba system

19. Log dive

20. Air sharing ascents?

In order to complete this course, students must:

1.   Demonstrate mature and sound judgment concerning dive planning and execution

2.   Complete all open water requirements safely and efficiently